



Trainee Progress Trajectory in the Fellowship Program

Supporting document for Policy on Progression through Training and Policy on Failure to Progress (effective June 2025)

Intended to provide a trainee (or trainees) with a baseline against which their progress will be monitored to ensure a steady progression

Expected Fellowship attainment

	STAGE 1		STAGE 2				STAGE 3							
FTE months*	6	12	18	24	30	36	42	48	54	60	66	72		
Rotation EPAs	ITA with associated OCA + 2 EPAs†	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs	ITA with associated OCA + 2 EPAs		
Stage 2 General Psychiatry EPAs x 4		1 of the 4 eg. ECT	1 of the 4 eg. Risk Assessment	1 of the 4 eg. Cultural Awareness		1 of the 4 eg. Mental Health Act					Trainee reminders: After 60 FTE months trainees must ensure their continued placement in an accredited training post with their service/ BTC if Fellowship requirements are still to be completed. <ul style="list-style-type: none"> Summative assessments may be submitted/sat while on a BIT. Rotation-based Targeted Learning is not permitted on a BIT. The content and duration of the Targeted Learning depends on each trainee's circumstances. Case-by-case exceptions can be considered by the Committee for Training.			
Stage 2 Psychotherapy EPAs x 3 2 EPAs must be completed by the end of Stage 2				1 of the 3 eg. Therapeutic alliance§		1 of the 3 eg. Supportive Psychotherapy§		1 of the 3 eg. CBT§						
Additional Mandatory Stage 2 EPAs		eg. 1 ADD EPA # (If not elective rotation)	eg. 1 ADD EPA (If not elective rotation)		eg. 2 POA EPAs (If not elective rotation)									
MCQ Exam		Eligible to apply > 6 months				MCQ Paper Pass **	TL = 36		TR = 48					
MEQ Examination				Eligible to apply > 18 months						MEQ Pass			TL = 60	TR = 72
CCA-MPR									Eligible to apply after two Stage 3 rotations ^	CCA-MPR Pass			TL = 60	TR = 72
Scholarly Project					eg. Proposal/ Method outline					Scholarly Pass ‡	TL = 60	TR = 72		
Psychotherapy Written Case										Written Case Pass ‡	TL = 60	TR = 72		

TL = Targeted Learning (Mandatory)

TR = Training Review Application to the Committee for Training (Mandatory)

BIT = Break in Training

* = Months of accredited training time

§ = Psychotherapy EPAs: Must attain any 2 of the 3 Psychotherapy EPAs by the end of Stage 2. The third one can be attained by the end of Stage 3, still to a proficient standard.

= Must be pre-approved by the Director of Training

** = The MCQ Exam is not a barrier to commence Stage 3 Generalist training. Effective mid-year 2016 intake, it is required for Certificate entry.

† = There is an exception for attaining two EPAs per rotation for the first rotation only

‡ = Allow time for marking.

^ = with minimum of 9 months FTE in Stage 3 for part-time trainees.